

I am Wearing My Mask



By Jodi Jill

A children's story sharing the importance of
using a mask or face covering daily.

I started wearing my mask today.



My mommy told me a mask is a special face coat to cover the bottom of my face. It doesn't stop me from talking, smelling and yelling when I want! My nose and mouth work perfect too.



I wear a mask when I am out of the house.
My face coat protects and keeps me healthy
after I cough or sneeze.



The mask has an important job to do. It also works to protect people I love from getting sick, like my grandma or Uncle Stu.

I see many masks worn all over my town!
Face coverings are worn by teachers,
doctors and even construction site workers.



Wearing a mask is new to me and it might be
new for you too.

All types of special face coats are worn around my city. Red masks, blue masks and purple masks too.



One kid even had flowers on the side of her mask, which I thought was pretty cool.



When people wear a mask, I can see their eyes, but their lips, nose and teeth are hidden behind. I don't get frightened. I know behind the special face coat is a big smile.

Where will I wear my mask today?



At the playground, in the car and walking around the mall. It fits so comfy, I don't even think about my special face coat when I play ball!



Wearing a mask an important thing to do! My special face coat is on for all to view.



What I found out (and you will too) is wearing a mask is the right thing to do. I can easily sing, smile and even talk. In my mask I can even hop!



Do I always wear a mask? Not when I am eating of course! It's not good to wear a mask if I use a fork. With a face covering it's impossible to get food in my mouth!

After a long day, I come home and relax.
It's now time to take off my mask.



Around my family I don't need wear my special
face coat. I put it away for the next day and wash
my hands before I go play.

Wearing a mask is very easy.



It's a tool to stay healthy and be safe while I'm
busy!